(Total revolutions) $L_{10} = \left(\frac{C}{P}\right)^p$ .....(5-1)

(Time) $L_{10h} = \frac{10^6}{60n}\left(\frac{C}{P}\right)^p$ .....(5-2)

(Running distance) $L_{10s} = \pi D L_{10}$ .....(5-3)