$\left(\begin{smallmatrix}\text{Total}\\\text{revolutions}\end{smallmatrix}\right)$ $L_{10} = \left(\frac{C}{P}\right)^p$ ··············(5-1)

(Time) $L_{10h} = \frac{10^6}{60n}\left(\frac{C}{P}\right)^p$ ··········(5-2)

$\left(\begin{smallmatrix}\text{Running}\\\text{distance}\end{smallmatrix}\right)$ $L_{10s} = \pi D L_{10}$ ··············(5-3)